

MBA Training



Course - FIRST AID LEVEL 1.

Course Outline:

Summary:

It is the responsibility of the First Aider to assist colleagues or others on the premises in case of an emergency. This could take the form of a flood, accidents, fire or an explosion to name but a few. This course is designed around four modules covering topics like managing the scene of an emergency, the basic human anatomy and physiology as well as the primary and secondary survey.

Content:

- Understanding the laws of first aid
- Providing cardio-pulmonary resuscitation (CPR)
- Understanding potential hazards in the work environment
- Treating wounds and stopping bleeding
- Identifying potential poisons at work and home
- Knowing what first aid is required for different types of injuries
- Using the correct equipment and safety precautions when administering first aid

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